

## **Bitterbrush Barnsley Burner**

Winthrop Town Trail Head Winthrop, Washington February 22<sup>nd</sup> through 28th, 2021 Self timed Virtual Event on a figure 8 loop Wax tips for February 24 and 25 assuming an 8AM Start 4.5 and 2.0K Classic Technique NEW RACE VENUE http://www.methowvalleynordic.com

Forecast/Conditions: A 40", daily groomed by PistenBully, fully transformed snowpack exists on day 3 and 4 of a virtual event. Tuesday night lows predicted of 15F rising to a day time high of 37F Wednesday under sunny skies. Wednesday night low of 21F rising to 37F Thursday as well. A 40% chance of moisture falling Wednesday night and Thursday.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight or longer, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue/Red Hot Wax mixed 50/50, scrape and brush.

Gripwax: Fastest times will most likely be recorded double poling on skate skis. If you are not so inclined, Roughen base with 150 grit sandpaper, iron in a thin layer of Nordic Base Klister Green, cork smooth, let cool and cover with Nordic Klister Blue/Red 2/1 ratio. Cork smooth and let cool before skiing.

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the Hot Wax or before spraying BP LP will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.